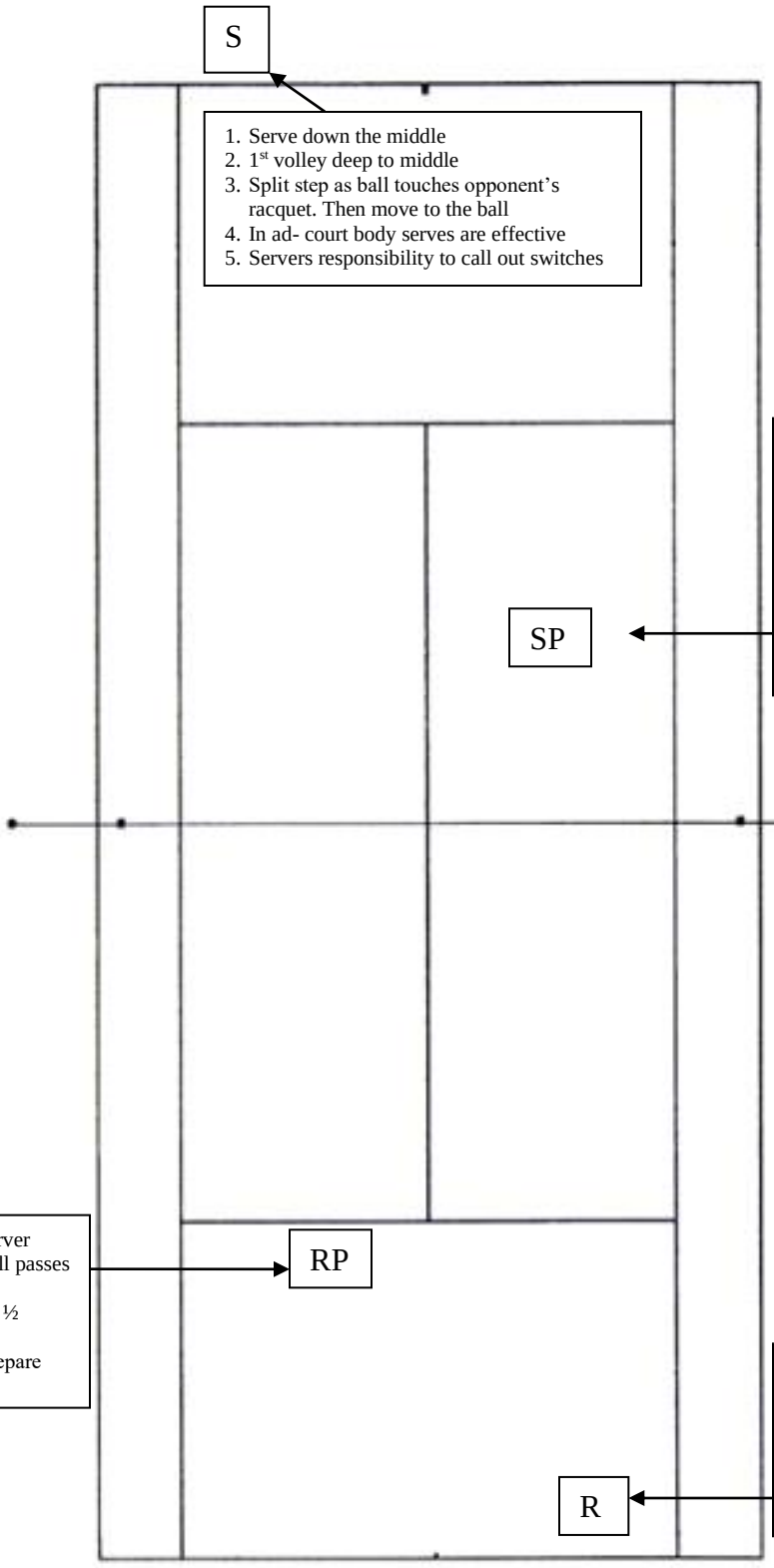


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Reminders:

***Control the net and control the match – be one step closer (don't remain on the service line)**

***Never go far cross-court from backcourt unless you are on offense – use the middle of court to set point up**

***When ball goes up (high ball, floater) the point should be over by being aggressive.**

*** Aggression defined – hard shots, hit at feet or to the short angles**

*** Serve high percentage of first serves – applies pressure and sets up poaching**

*** KEEP FEET MOVING!**

Kevin Ryan Total Tennis